skateboarding·nz

SBNZ High Performance Coaching

The SBNZ High Performance Programme places a high priority on High Performance Coaching including the identification and development of High Performance Coaches.

Our HP Programme aims to support the unique needs of each individual Skater to further their success. Our Coaches play a significant role in this process and as such every effort is made to ensure the right fit of coaches and coaching style to support our Skaterboarders.

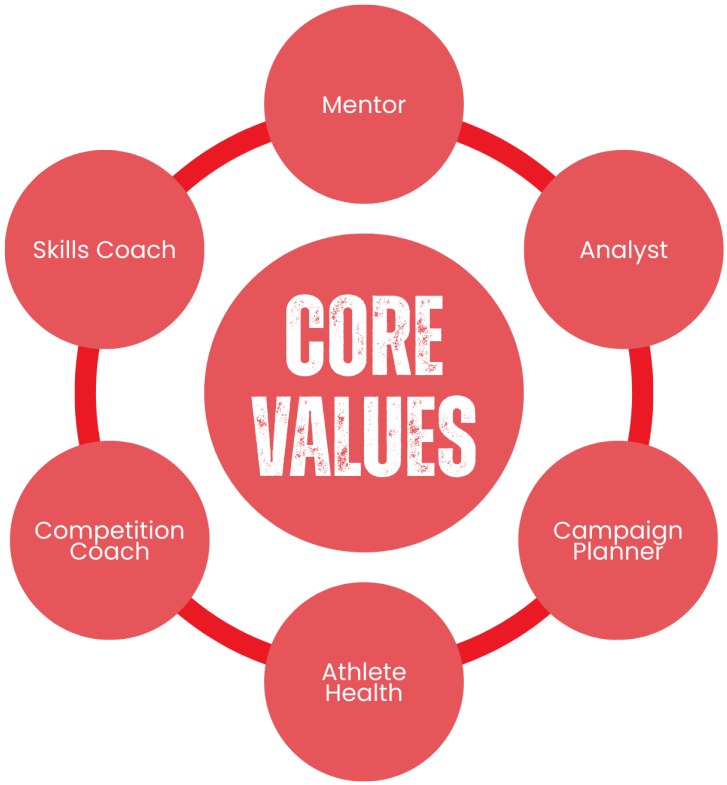
SBNZ's HP Coaching culture;

- ✔ Our HP Coaching is based on developing strong long term relationships with our HP Skateboarders and the community of supporters around them
- ✔ The HP programme and coaching is built to support the current needs of the Skateboarder
- ✔ The Skateboarder owns their programme. It is the Skateboarders dream and they choose their direction
- ✔ We believe 'Champion people achieve Champion results' as such we aim to support our HP Skaters to learn to be Champion people in life and the fulfilling achievements will follow
- ✔ We believe the HP Coaches role is to support, guide, teach and educate our Skateboarders to allow them the opportunity to develop towards their dreams

SBNZ's HP Coaching selection;

SBNZ's HP Coaches are chosen or selected by the SBNZ High Performance Director. The decisions related to coaches being used is heavily dependent on the current needs of the HP Skateboarders.

To identify coaches the HP Director looks for the following attributes;

- ✔ The Coach is currently coaching and has been coaching for several years
- ✔ It can be seen there is an obvious trend between the coach and the significant improvement in performance of skateboarders over a period of time. It can also be seen that this is consistent and repeatable across multiple skaters
- ✔ The coach develops strong relationships with the Skateboarders they coach and clearly values these relationships
- ✔ The coach has a certain Mana within their community and with HP Skateboarders
- ✔ The Wellbeing and health of the Skateboarder is a priority to the Coach
- ✔ The coach has a significant skill set that increases Skateboarder performance but also adds to the SBNZ HP Programme and the NZ Skateboarding community as indicated in the diagram below;

Skateboarding High Performance Coach Specific Competencies;